

Information for Combat Veterans



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*This flyer is **not** all-inclusive. For additional information, please contact your regional contractor, local military treatment facility, or overseas contractor.*

If you have served in a combat zone or received hazardous duty pay and believe you have sustained a disease or disability connected to your service,* many programs and resources are available to help you. This flyer describes health care services and benefits offered by your military treatment facility, TRICARE® network providers, and the Department of Veterans Affairs (VA).

** Future health care services are dependent upon line-of-duty and disability determination processes.*

TRICARE and VA Benefits

Service members who separate due to a service-connected disease or disability may be eligible for VA benefits and certain TRICARE benefits. If retiring, you are eligible for TRICARE as a military retiree and may also be eligible for certain VA benefits.

National Guard and Reserve members may qualify for veteran status and eligibility for VA benefits. The VA will determine your eligibility status as a veteran by reviewing your length of active duty service and type of discharge from active duty.

Note: If you receive disability benefits from the Social Security Administration, you are entitled to Medicare in the 25th month of receiving disability payments. The Centers for Medicare & Medicaid Services will notify you of your Medicare entitlement date. To keep TRICARE eligibility, most TRICARE- and Medicare-eligible beneficiaries must have Medicare Part A and Part B. For more information on TRICARE and Medicare, visit www.tricare.mil/medicare.

Separating from Active Duty

Transitional Health Care Coverage

The Transitional Assistance Management Program (TAMP) provides 180 days of transitional health care benefits to help certain members of the armed services and their families transition to civilian life. For more information, visit www.tricare.mil/tamp. If you are eligible under TAMP and have a newly diagnosed medical condition that is related to your active duty service, you may qualify for the Transitional Care for Service-Related Conditions (TCSRC) program, which provides 180 days of care for your condition with no out-of-pocket costs. If you believe you have a service-related condition that may qualify you for TCSRC, visit www.tricare.mil/tcsrc for instructions on how to apply.

When your TAMP coverage ends, you may qualify to purchase additional transitional coverage under the Continued Health Care Benefit Program (CHCBP). CHCBP is comparable to TRICARE Standard and TRICARE Extra, but requires premium payments. Enrollment is required within 60 days of the end of TAMP coverage. For more details, visit www.tricare.mil/chcbp.

TRICARE Reserve Select

TRICARE Reserve Select (TRS) is a premium-based health plan available for purchase by qualified members of the Selected Reserve of the Ready Reserve **unless** eligible for, or enrolled in, the Federal Employees Health Benefits (FEHB) program. TRS offers comprehensive coverage similar to TRICARE Standard and TRICARE Extra. For details, visit www.tricare.mil/trs.



VA Health Care Benefits

You may qualify for VA health care benefits if you served on active duty service, were discharged or released under honorable conditions, and meet length-of-service requirements.

To apply for VA medical benefits, complete the *Application for Health Benefits* (VA Form 10–10 EZ), available at any VA health care facility or regional benefits office, or online at www.va.gov. For additional information, call **1-877-222-VETS (1-877-222-8387)**.

Overseas, the VA will pay for medically-necessary treatment of a service-related condition under the Foreign Medical Program. For details and registration information, visit www.va.gov/hac/forbeneficiaries/fmp/fmp.asp.

Some family members may be eligible for the Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA). For additional information, visit www.va.gov/hac/forbeneficiaries/champva/champva.asp.

Dental Benefits

Eligibility for VA dental benefits is based on specific guidelines that differ significantly from eligibility requirements for medical care. For details, visit www.va.gov/healtheligibility.

Retiring from Active Duty

Transitional Health Care Coverage

You may be eligible for TAMP after retirement if your retirement was postponed because you were retained on active duty in support of a contingency operation (*stop-loss*). If you are eligible under TAMP and have a newly-diagnosed

medical condition that is related to your active duty service, you may qualify for the Transitional Care for Service-Related Conditions (TCSRC) program, which provides 180 days of care for your condition with no out-of-pocket costs. If you believe you have a service-related condition that may qualify you for TCSRC, visit www.tricare.mil/tcsrc for instructions on how to apply.

TRICARE Retired Reserve

TRICARE Retired Reserve (TRR) is a premium-based health plan available for purchase by qualified members of the Retired Reserve **unless** eligible for, or enrolled in, the Federal Employees Health Benefits (FEHB) program. TRR offers comprehensive coverage similar to TRICARE Standard and TRICARE Extra. For details, visit www.tricare.mil/trr.

VA Health Care Benefits

When you retire, you may be eligible for certain VA health care benefits in addition to your TRICARE retiree health care benefits. If you are eligible, TRICARE provides coverage even if you received treatment through the VA for the same medical condition in a previous episode of care. For details about VA benefits, contact the nearest VA regional benefits office. For locations, visit www.vba.va.gov. You can also contact the nearest Vet Center or visit www.vetcenter.va.gov.

Dental Benefits

Dental coverage is available for purchase by eligible stateside retirees and family members through the TRICARE Retiree Dental Program (TRDP). The Enhanced-Overseas TRDP allows eligible retirees and family members worldwide to purchase dental coverage. For details, visit www.trdp.org.

For Information and Assistance

TRICARE North Region Health Net Federal Services, LLC 1-877-TRICARE (1-877-874-2273) www.hnfs.com	TRICARE South Region Humana Military Healthcare Services, Inc. 1-800-444-5445 www.humana-military.com	TRICARE West Region TriWest Healthcare Alliance Corp. 1-888-TRIWEST (1-888-874-9378) www.triwest.com
TRICARE Overseas Program (TOP) Regional Call Center—Eurasia-Africa¹ +44-20-8762-8384 (<i>overseas</i>) 1-877-678-1207 (<i>stateside</i>) tricarelon@internationalsos.com	TOP Regional Call Center—Latin America and Canada¹ +1-215-942-8393 (<i>overseas</i>) 1-877-451-8659 (<i>stateside</i>) tricarephl@internationalsos.com	TOP Regional Call Centers—Pacific¹ Singapore: +65-6339-2676 (<i>overseas</i>) 1-877-678-1208 (<i>stateside</i>) sin.tricare@internationalsos.com Sydney: +61-2-9273-2710 (<i>overseas</i>) 1-877-678-1209 (<i>stateside</i>) sydricare@internationalsos.com
Reserve Affairs Web Site www.defenselink.mil/ra Veterans Affairs 1-800-827-1000 www.va.gov	Social Security Administration 1-800-772-1213 1-800-325-0778 (TTY/TTD) www.ssa.gov www.ssa.gov/foreign (<i>overseas</i>)	Defense Enrollment Eligibility Reporting System—Update Information Phone: 1-800-538-9552 Fax: 1-831-655-8317 www.tricare.mil/deers

1. For toll-free contact information, visit www.tricare-overseas.com.

An Important Note about TRICARE Program Information

At the time of printing, this information is current. It is important to remember that TRICARE policies and benefits are governed by public law and federal regulations. Changes to TRICARE programs are continually made as public law and/or federal regulations are amended. **Military treatment facility guidelines and policies may be different than those outlined in this product.** For the most recent information, contact your TRICARE regional contractor, TRICARE Service Center, or local military treatment facility.

Please provide feedback on this flyer at www.tricare.mil/evaluations/feedback.

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