

Think MinuteClinic.

Is it a cold or the flu?

Keep this symptom checklist on your fridge or near your medicine chest so you know—and keep in mind that we're here all year long to treat allergies and many everyday illnesses.

| symptoms | cold | flu |
|---------------------|---------------------------|-----------------------------|
| fever | rare | usually present |
| chills | uncommon | fairly common |
| tiredness | mild | moderate to severe |
| onset of symptoms | appear gradually | can appear within 3–6 hours |
| coughing | hacking, productive cough | dry, unproductive cough |
| sneezing | common | uncommon |
| stuffy nose | common | uncommon |
| runny nose | sometimes | common |
| sore throat | common | uncommon |
| general aches/pains | slight | common, often severe |
| chest discomfort | mild to moderate | often severe |
| headache | uncommon | common |

if it's the **flu**

see a MinuteClinic practitioner within 12–48 hours

if it's a **cold**

visit MinuteClinic or your pharmacist for the advice you need to get back to better, faster



INSIDE SELECT STORES

