

Asthma Medication Guide

<p>Controller medications: Long-term controller medications, or anti-inflammatory medicines, are taken to prevent or reduce the swelling in the airways that causes asthma symptoms. Taken daily, long-term medications help keep your asthma under control.</p>			
Brand Name	Generic Name	Drug Category/ Class	Purposes
AeroBid Azmacort Flovent Beclovent Pulmicort Qvar	flunisolide triamcinolone acetonide fluticasone propionate beclomethasone budesonide beclomethasone dipropionate	Anti-inflammatory – Corticosteroids (Inhalation)	Prevent asthma attack by reducing swelling and mucus production in the airways. Note: Most effective medications to reduce airway inflammation and mucus production.
Singulair Accolate	montelukast zafirlukast	Antiasthmatic, Leukotriene receptor antagonist	Decrease symptoms of asthma and the number of acute asthma attacks
Zyflo	zileuton	Antiasthmatic, Leukotriene inhibitor	Decrease symptoms of asthma and the number of acute asthma attacks
Intal Tilade	cromolyn nedocromil	Anti-inflammatory, nonsteroidal, inhalation	Reduce inflammation in the lungs and lessen the number and severity of asthma attacks for patients with mild, persistent asthma.
Advair Diskus	fluticasone and salmeterol	Anti-inflammatory (Inhalation) and long acting bronchodilator combination	Control the symptoms of asthma and improve lung function. Control severe asthma when more than one maintenance medicine is needed.
Foradil Volmax Serevent Theodur	formoterol fumarate albuterol extended release salmeterol theophylline	Long acting Bronchodilators	Control asthma symptoms and prevent or lessen asthma attacks by relaxing the muscle bands that tighten around the airways.
<p>Reliever Medications (also known as Rescue Medications): Quick-relief medications, or bronchodilators, work to relax the muscles that narrow your airways. These medications offer quick relief, but do not prevent asthma episodes from starting.</p>			
Brand Name	Generic Name	Drug Category/ Class	Purposes
Ventolin Proventil Xopenex Alupent Metaprel Maxair	albuterol albuterol levalbuterol metaproterenol sulfate metaproterenol sulfate pirbuterol acetate	Short Acting Bronchodilators/beta2- agonists (Inhalation)	Relieves asthma symptoms very quickly by opening the airways.
Sources: National Institute of Health/MedlinePlus			