



**ValueOptions - TRICARE Higher Level of Care Treatment Report
Guidelines for Using the Form**

EACH TIME YOU FAX A REVIEW IN, PLEASE USE A NEW FORM AS THE PATIENT'S CONDITION CONSTANTLY CHANGES. PLEASE TYPE OR LEGIBLY PRINT (USING DARK INK) ALL INFORMATION.

IF YOU KNOW THE NAME OF YOUR TRICARE - ValueOptions REVIEWER, PLEASE PUT THEIR NAME ON YOUR FAX COVER SHEET OR ON THE HIGHER LEVEL OF CARE DOCUMENT.

Level of Care: Each time you fax this document, please place an "X" in the Level of Care box. Only one box can be checked.

Type of Review: Each time you fax the document please put an "X" in the appropriate box.

- **Initial**-This is your first fax/review. This is your initial request for authorization for treatment.
- **Concurrent**-These are fax reviews after the initial review. We have already authorized the admission and you are faxing us updates. Please fax in a new document for each update.
- **Discharge**-This is a fax you send us telling us the patient is discharged and specific information related to the discharge. Please fax in a new document for the discharge.

Patient Name: First Name, Middle initial (if applicable), and Last name

Date of Birth: Month/Date/Year of the patient's birth.

Sponsor's SSN: **SSN OF THE SPONSOR, NOT THE PATIENT, UNLESS THE PATIENT IS THE SPONSOR.** A sponsor is the policy holder-- active duty military, retired military or disabled former military.

Date Form Completed: The actual date you complete the form, which is usually the date you fax it to us. **Remember, please fax in a new document for each update.**

Facility: The full name of your hospital or facility

Facility Tax ID: The facility/hospital Tax I.D. (including any applicable suffixes).

Attending Provider: First and Last Name of the Doctor who will be attending to the patient's care.

Attending's Phone: Phone number of the attending's office, (our physician may need to call the attending, we will notify you first).

UR Contact: Name of the person at the hospital/facility that will be working with us for continued fax reviews.

UR Contact Phone Number: Phone number and ext. if applicable, of the person at the hospital/facility that will be working with us for continued fax reviews.

Fax: Fax number and of the person at the hospital/facility that will be working with us for continued fax reviews.

Current Assessment of Risk: Circle what is applicable. Usually reflects the last 24-48 hours of notes prior to faxing an update to us.

Substance Abuse/ Dependence: Severity of substance use with the date of last use for each substance.

ICD-9 Diagnosis Codes and Axis – ** The diagnosis must relate to the level of care that is being requested when the Initial/Admission fax is sent to us. ** At discharge, if the diagnosis has changed from admission and subsequent reviews, please put in the discharge diagnosis and write in the box, D/C DX **

Admit Date: The formal date the patient was admitted to your hospital/facility.

Time: The time the patient was admitted to the unit or program.

Planned Discharge Residence: Should be on the form on the first concurrent review and subsequent reviews. Discharge planning begins at admission.

Anticipated date of discharge – IMPORTANT- At each fax review please fill this out. If the attending does not have this documented in the chart, please ask him/her.

Current Medication / Dosing / Schedule: Only psychotropic medications need to be listed. The list should be current, from the chart, prior to faxing this document.

Current Rationale for Admission / Continued Stay: THIS IS VERY IMPORTANT.

- ****For the initial review fax-** what is the rationale for the admission- Medical/clinical documentation from the professional who evaluated the patient and determined that the admission was clinically and medically appropriate. **** Clarification/explanation of dangerousness or psychosis is very helpful here. This is the most basic issue why the patient cannot be treated outside of the hospital. Please note that you may also fax the admission evaluation note as an attachment to the HLOC document. ****

- ****For concurrent reviews-** what is the rationale for the patient to remain in the current level of care. Clarification/explanation of dangerousness or psychosis is very helpful here. This is the most basic issue why the patient cannot be discharged or treated outside of the hospital. Medical/clinical information from the medical record- Most likely the last note from the attending physician and nursing notes. **** Please note that you may also fax the physician's rounding note and nursing notes as an attachment to the HLOC document. ****

Discharge Information

- **D/C Date-** When the patient is discharged, please put the date here. Please put the medications at discharge in the Current Medications box.
- **Total # Days/Session Used-** When the patient is discharged, please put the total days for the inpatient stay or the total days attended for php.
- **Discharge Condition-** At discharge, please check the appropriate box.
- **Follow-up Provider/Facility-** Full names and credentials of professionals who the patient will follow up with or if transferred to a facility, the full name of the facility.
- **Follow-up Provider / Facility Phone number-** The telephone number of the each provider or facility the patient will be following up with.
- **Date / Time of first follow-up appointment-** The date and time of the first follow up appointment for each provider.

Level of Care: Inpatient RTC Psych PHP 1/2 Day Psych PHP
 IP Detox IP Rehab CD PHP 1/2 Day CD PHP

Type of Review: Initial Concurrent Discharge

Patient Name: _____
 Date of Birth: _____
 Sponsor's SSN: _____ Date Form Completed: _____
 Facility: _____
 Facility Tax ID: _____
 Attending Provider: _____
 Attending's Phone: _____
 UR Contact: _____
 UR Contact Phone Number: _____ Fax: _____

ICD-9 Diagnosis Codes
 Axis I: _____ . _____ : _____ . _____
 Axis II: _____ . _____ : _____ : _____
 Axis III: 1) _____
 2) _____

Treatment Voluntary
 Admit Date: _____ Time: _____ Involuntary
 Planned Discharge Residence: _____
 Anticipated date of discharge: _____

Current Assessment of Risk
 Circle each. Scale: 0 = None 1 = Mild
 2 = Moderate 3 = Severe 4 = Extreme

ADLs	0	1	2	3	4
Aggression	0	1	2	3	4
Anxiety/Panic	0	1	2	3	4
Delusions	0	1	2	3	4
Disorganization	0	1	2	3	4
Hallucinations	0	1	2	3	4
Impulsivity	0	1	2	3	4
Job/School Problems	0	1	2	3	4
Judgment/Insight	0	1	2	3	4
Medical Illness	0	1	2	3	4
Memory/Concentration	0	1	2	3	4
Mood Depression	0	1	2	3	4
Mood Elevation	0	1	2	3	4
Psychosis	0	1	2	3	4
Relationship Problems	0	1	2	3	4
Sleep Disturbance	0	1	2	3	4
Weight Loss / Appetite	0	1	2	3	4
Suicide	0	1	2	3	4
- Degree of Plan	0	1	2	3	4
- Access to Method	0	1	2	3	4
- Degree of Intent	0	1	2	3	4
- Lethality of Method	0	1	2	3	4

Current Homicide / Violence 0 1 2 3 4

- Degree of Plan	0	1	2	3	4
- Access to Method	0	1	2	3	4
- Degree of Intent	0	1	2	3	4
- Lethality of Method	0	1	2	3	4

Substance Abuse/ Dependence:
 Circle each. Scale: 0 = None 1 = Mild 2 = Moderate
 3 = Severe 4 = Extreme

<input type="checkbox"/> None	<input type="checkbox"/> Continuous
<input type="checkbox"/> Episodic	<input type="checkbox"/> Tolerance
Substance: Amount:	
<input type="checkbox"/> Alcohol	0 1 2 3 4
<input type="checkbox"/> Opiates	0 1 2 3 4
<input type="checkbox"/> Benzodiazepines / Sedatives	0 1 2 3 4
<input type="checkbox"/> Marijuana	0 1 2 3 4
<input type="checkbox"/> Cocaine	0 1 2 3 4
<input type="checkbox"/> Hallucinogens	0 1 2 3 4
<input type="checkbox"/> Inhalants	0 1 2 3 4
<input type="checkbox"/> Other	0 1 2 3 4
<input type="checkbox"/> Withdrawal Symptoms	0 1 2 3 4
<input type="checkbox"/> Motivation / Insight	0 1 2 3 4
<input type="checkbox"/> Relapse Potential	0 1 2 3 4
<input type="checkbox"/> Support Systems	0 1 2 3 4
Date of Last Use:	_____

Current Medication / Dosing / Schedule

- _____
- _____
- _____
- _____

Current Rationale for Admission / Continued Stay

Discharge Information

<input type="checkbox"/> Family involved	<input type="checkbox"/> Child Protective Service	<input type="checkbox"/> AMA	
<input type="checkbox"/> Residential	<input type="checkbox"/> Partial Hospital	<input type="checkbox"/> Outpatient	<input type="checkbox"/> Other

D/C Date: _____ Total # Days/Session Used: _____

Discharge Condition: Improved No Change Worse

Follow-up Provider/Facility: _____

Follow-up Provider / Facility Phone number: _____

Date / Time of first follow-up appointment: _____